Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Coverage Period: 01/01/2023 - 12/31/2023 Altius HDHP 9K: AETNA OPEN ACCESS Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure RI 73-564 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.AetnaFeds.com, and view the Glossary at www.cciio.cms.gov. You can call 1-880-537-9384 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In- <u>Network</u> : Self Only \$1,500 / Self Plus One or Self & Family \$3,000	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductible</u> s for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In- <u>Network</u> : Self Only \$6,000 / Self Plus One or Self & Family \$12,000	The out-of-pocket limit is the most you could pay in a year for covered services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges & health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetnafeds.com or call 1-800-537-9384 for a list of <u>network providers</u> .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance</u> <u>billing</u>).
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit	Not covered	None	
If you visit a health	<u>Specialist</u> visit	\$30 <u>copay</u> /visit	Not covered	None	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$30 <u>copay</u> /visit	Not covered	None	
	Imaging (CT/PET scans, MRIs)	\$175 <u>copay</u> /visit	Not covered	None	
	Preferred generic drugs	<u>Copay</u> /prescription: \$7 (retail), \$21 (CVS retail & mail order)	Not covered	Covers 30-day supply (retail), 31-90 day supply (retail at CVS pharmacy & mail order). Includes contraceptive drugs & devices	
conditionMore information aboutprescription drugNote	Preferred brand drugs	<u>Copay</u> /prescription: \$25 (retail), \$75 (CVS retail & mail order)	Not covered	obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives from preferred pharmacy.	
	Non-preferred generic/brand drugs	<u>Copay</u> /prescription: \$50 (retail), \$150 (CVS retail & mail order)	Not covered	Review your <u>formulary</u> for prescriptions requiring precertification or step therapy for coverage. Your cost will be higher for choosing Brand over Generics.	
macy.php	Specialty drugs	20% <u>coinsurance</u> (preferred), 35% <u>coinsurance</u> (non- preferred)	Not covered	All prescriptions must be filled through the Aetna Specialty Pharmacy Network.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$500 <u>copay</u> /visit	Not covered	None	
surgery	Physician/surgeon fees	No charge	Not covered	None	
	Emergency room care	\$200 <u>copay</u> /visit	\$200 <u>copay</u> /visit	No coverage for non-emergency use.	

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For more information about limitations and exceptions, see the FEHB <u>Plan</u> brochure at www.AetnaFeds.com.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If you need immediate medical attention	Emergency medical transportation	10% coinsurance	10% coinsurance	None
	<u>Urgent care</u>	\$30 <u>copay</u> /visit	Not covered	None
If you have a hospital	Facility fee (e.g., hospital room)	10% coinsurance	Not covered	None
stay	Physician/surgeon fees	10% <u>coinsurance</u>	Not covered	None
If you need mental health, behavioral health, or substance	Outpatient services	Office & other outpatient services: \$20 <u>copay</u> / visit	Not covered	None
abuse services	Inpatient services	10% coinsurance	Not covered	None
	Office visits	No charge for prenatal care & first postnatal visit	Not covered	Subsequent postnatal visits \$20 <u>copay</u> /visit for PCP; \$30 <u>copay</u> /visit for <u>specialist</u> .
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	Not covered	<u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Maternity care may include tests and
	Childbirth/delivery facility services	10% coinsurance	Not covered	services described elsewhere in the SBC (i.e. ultrasound). Includes outpatient postnatal care.
	Home health care	\$20 <u>copay</u> /visit	Not covered	1 visit/day up to 4 hours/visit, up to 60 visits per member/calendar year.
If you need help recovering or have	Rehabilitation services	\$30 <u>copay</u> /visit	Not covered	60 visits/calendar year for Physical & Occupational Therapy combined, 60 visits/calendar year for Speech Therapy.
other special health	Habilitation services	\$30 <u>copay</u> /visit	Not covered	None
needs	Skilled nursing care	10% <u>coinsurance</u>	Not covered	30 days/calendar year.
	Durable medical equipment	50% <u>coinsurance</u>	Not covered	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.
	Hospice services	\$10 <u>copay</u> /visit	Not covered	None
	Children's eye exam	No charge	Not covered	None

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		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
If your child needs	Children's glasses	\$100 allowance	Not covered	90% <u>coinsurance</u> after allowance up to age 18. Age and frequency schedules may.	
dental or eye care	Children's dental check-up	Not covered	Not covered	Not covered.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan's FEHB brochure for more information and a list of any other excluded services.)		
Cosmetic surgeryDental (Adult & Child)	Hearing aidsLong-term care	 Non-emergency care when traveling outside the U.S. Private-duty nursing
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan's FEHB brochure.)		
 Acupuncture - 10 visits/calendar year for disease, injury, and chronic pain. Chiropractic care – 20 visits/calendar year. Bariatric surgery 	Infertility treatmentRoutine eye care (Adult)	 Routine foot care – Limited to active treatment for a metabolic or peripheral vascular disease. Weight loss programs – Limited to dietary and nutritional counseling.

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB <u>Plan</u> brochure, contact your HR office/retirement system, contact your <u>plan</u> at 1-800-537-9384 or visit <u>www.opm.gov/healthcare-insurance/healthcare/</u>. Generally, if you lose coverage under the <u>plan</u>, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your <u>plan</u>, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your <u>plan</u>'s FEHB brochure. If you need assistance, you can contact: 1-800-537-9384.

Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this <u>plan</u> meet the Minimum Value Standards? Yes

For more information about limitations and exceptions, see the FEHB Plan brochure at www.AetnaFeds.com.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-537-9384.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-537-9384.] [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-537-9384.] [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-537-9384.]

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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For more information about limitations and exceptions, see the FEHB Plan brochure at www.AetnaFeds.com.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
9 months of in-network pre-natal care and a

hospital delivery)

I he <u>plan</u> 's overall <u>deductible</u>	\$1,500
Specialist copayment	\$30
Hospital (facility) coinsurance	10%
Other coinsurance	10%

This EXAMPLE event includes services like:

<u>Specialist</u> office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> – may include non-routine services (*ultrasounds and blood work*) <u>Specialist</u> visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

<u>Cost Sharing</u>		
Deductibles	\$1,500	
<u>Copayments</u>	\$200	
Coinsurance	\$900	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2,660	

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The <u>plan</u> 's overall <u>deductible</u>	\$1,500
Specialist copayment	\$30
Hospital (facility) <u>coinsurance</u>	10%
Other coinsurance	10%

This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

<u>Cost Sharing</u>		
Deductibles	\$1,500	
<u>Copayments</u>	\$700	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$2,220	

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall deductible	\$1,500
Specialist copayment	\$30
Hospital (facility) coinsurance	10%
Other <u>coinsurance</u>	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$1,500	
Copayments	\$200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,700	
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