SO CAL HMO 2X: AETNA HMO

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure RI 73-806 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.AetnaFeds.com, and view the Glossary at www.cciio.cms.gov. You can call 1-800-537-9384 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-Network: Self \$0 / Self Plus One or Self & Family \$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	No.	You will have to meet the <u>deductible</u> before the <u>plan</u> pays for any services.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: Self \$5,000 / Self Plus One or Self & Family \$10,000.	The out-of-pocket limit is the most you could pay in a year for covered services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges & health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetnafeds.com or call 1-800-537-9384 for a list of innetwork providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ).
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

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1 of 6





All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit	Not covered	None	
If you visit a health	<u>Specialist</u> visit	\$35 <u>copay</u> /visit	Not covered	None	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
K barra a tant	Diagnostic test (x-ray, blood work)	\$35 <u>copay</u> /visit	Not covered	None	
If you have a test	Imaging (CT/PET scans, MRIs)	\$75 <u>copay</u> /visit	Not covered	None	
If you need drugs to	Preferred generic drugs	Copay/prescription: \$10 (retail), \$20 (CVS retail & mail order)	Not covered	Covers 30-day supply (retail), 31-90 day supply (retail at CVS pharmacy & mail order). Includes contraceptive drugs & devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives from preferred pharmacy. Review your formulary for prescriptions	
treat your illness or condition  More information about prescription drug	Preferred brand drugs	Copay/prescription: \$35 (retail), \$70 (CVS retail & mail order)	Not covered		
coverage is available at www.aetnafeds.com/phar macy.php	Non-preferred generic/brand drugs	Copay/prescription: \$100 (retail), \$200 (CVS retail & mail order)	Not covered	requiring precertification or step therapy for coverage. Your cost will be higher for choosing Brand over Generics.	
	Specialty drugs	50% coinsurance up to maximum/prescription: \$350 (preferred), \$700 (nom-preferred)	Not covered	All prescriptions must be filled through the Aetna Specialty Pharmacy Network.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$175 <u>copay</u> /visit	Not covered	None	

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What You Will Pay			ou Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Physician/surgeon fees	No charge	Not covered	None	
	Emergency room care	\$125 <u>copay</u> /visit	\$125 <u>copay</u> /visit	No coverage for non-emergency use.	
If you need immediate medical attention	Emergency medical transportation	Ground \$100 <u>copay</u> /trip, Air/Sea ambulance \$150 <u>copay</u> /trip	Ground \$100 <u>copay</u> /trip, Air/Sea ambulance \$150 <u>copay</u> /trip	None	
	<u>Urgent care</u>	\$50 copay/visit	Not covered	No coverage for non-urgent use.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$250 <u>copay</u> /day first 4 days per stay; no charge thereafter	Not covered	None	
ou.,	Physician/surgeon fees	No charge	Not covered	None	
If you need mental health, behavioral	Outpatient services	Office & other outpatient services: \$35 copay/visit	Not covered	None	
health, or substance abuse services	Inpatient services	\$250 copay/day first 4 days per stay; no charge thereafter	Not covered	None	
	Office visits	No charge for prenatal care & first postnatal visit	Not covered	Subsequent postnatal visits \$20 copay/visit for PCP; \$35 copay/visit for specialist.	
If you are pregnant	Childbirth/delivery professional services	No charge	Not covered	Cost sharing does not apply for preventive services. Maternity care may include tests and	
	Childbirth/delivery facility services	\$250 <u>copay</u> /day first 4 days per stay; no charge thereafter	Not covered	services described elsewhere in the SBC (i.e. ultrasound). Includes outpatient postnatal care.	
If you need help	Home health care	\$90 <u>copay</u> /visit	Not covered	1 visit/day up to 4 hours/visit, up to 60 visits per member/calendar year.	
recovering or have other special health needs	Rehabilitation services	\$35 <u>copay</u> /visit	Not covered	60 visits/calendar year for Physical & Occupational Therapy combined, 60 visits/calendar year for Speech Therapy.	
	Habilitation services	\$35 <u>copay</u> /visit	Not covered	None	

			What You Will Pay			
	Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
		Skilled nursing care	30% coinsurance	Not covered	60 days/calendar year.	
		Durable medical equipment	30% coinsurance	Not covered	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.	
		Hospice services	\$5 copay/visit	Not covered	None	
		Children's eye exam	\$35 <u>copay</u> /visit	Not covered	1 routine eye exam/12 months.	
If y	our child needs	Children's glasses	\$100 allowance	Not covered	90% <u>coinsurance</u> after allowance up to age 18.  Age and frequency schedules may	
der	ntal or eye care	Children's dental check-up	Basic Option: \$5 copay/visit; PPO Option: No charge	Basic Option: Not covered; PPO Option: 50% coinsurance	\$20 <u>deductible</u> for PPO Option.	

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your plan's FEHB brochure for more information and a list of any other excluded services.)

- Cosmetic surgery
- Hearing aids

Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan's FEHB brochure.)

- Acupuncture 10 visits/calendar year for disease, injury, and chronic pain.
- Bariatric surgery
- Chiropractic care 20 visits/calendar year.
- Dental care (Adult)
- Infertility treatment
- Routine eye care (Adult) 1 routine eye exam/12
   months.
- Routine foot care Limited to active treatment for a metabolic or peripheral vascular disease.
- Weight loss programs Limited to dietary and nutritional counseling.

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-537-9384 or visit <a href="www.opm.gov/healthcare-insurance/healthcare/">www.opm.gov/healthcare-insurance/healthcare/</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse

equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your plan's FEHB brochure. If you need assistance, you can contact: 1-800-537-9384

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-537-9384.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-537-9384.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-537-9384.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-537-9384.]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$35
■ Hospital (facility) copayment	\$250
Other copayment	\$0

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests – may include non-routine services (ultrasounds and blood work) Specialist visit (anesthesia)

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a wellcontrolled condition)

■ The <u>plan's</u> overall <u>deductible</u>	<b>\$</b> 0
Specialist copayment	\$35
■ Hospital (facility) copayment	\$250
Other copayment	\$0

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work) Prescription drugs

Durable medical equipment (glucose meter)

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$35
■ Hospital (facility) copayment	\$250
Other copayment	\$0

## This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

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In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$700	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is	\$760	

In this example, Joe would pay:

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$1,100
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,120

Total Example Cost	\$2,800

In this example, Mia would pay:

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$0
Copayments	\$400
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$400

6 of 6