Altius High Option 9K: AETNA OPEN ACCESS Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure RI 73-564 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.AetnaFeds.com, and view the Glossary at www.cciio.cms.gov. You can call 1-800-537-9384 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-Network: Self Only \$50 / Self Plus One or Self & Family \$100	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. In-network preventive care, office visits & prescription drugs are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductible</u> s for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: Self \$5,500 / Self Plus One or Self & Family \$11,000.	The out-of-pocket limit is the most you could pay in a year for covered services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges & health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetnafeds.com or call 1-800-537-9384 for a list of innetwork providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>).
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	None
If you visit a health care provider's office	Specialist visit	\$40 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	None
or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	\$30 <u>copay</u> /visit	Not covered	None
	Imaging (CT/PET scans, MRIs)	\$200 <u>copay</u> /visit	Not covered	None
If you need drugs to	Preferred generic drugs	Copay/prescription, deductible doesn't apply: \$7 (retail & mail order)	Not covered	Covers 30-day supply (retail), 31-90 day supply (retail at CVS pharmacy & mail order). Includes contraceptive drugs & devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives from preferred pharmacy. Review your formulary for prescriptions requiring precertification or step therapy for coverage. Your cost will be higher for choosing Brand over Generics.
treat your illness or condition More information about prescription drug	Preferred brand drugs	Copay/prescription, deductible doesn't apply: \$40 (retail), \$80 (CVS retail & mail order)	Not covered	
coverage is available at www.aetnafeds.com/ph armacy.php	Non-preferred generic/brand drugs	40% coinsurance up to maximum/prescription, deductible doesn't apply: \$240 (retail), \$720 (CVS retail & mail order)	Not covered	
	Specialty drugs	30% <u>coinsurance</u> (preferred), 50%	Not covered	All prescriptions must be filled through the Aetna Specialty Pharmacy Network.

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
		coinsurance (non- preferred), deductible doesn't apply			
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$400 <u>copay</u> /visit	Not covered	None	
surgery	Physician/surgeon fees	No charge	Not covered	None	
	Emergency room care	\$250 <u>copay</u> /visit	\$250 <u>copay</u> /visit	No coverage for non-emergency use.	
If you need immediate medical attention	Emergency medical transportation	\$100 <u>copay</u> /trip	\$100 <u>copay</u> /trip	None	
	<u>Urgent care</u>	\$40 <u>copay</u> /visit	Not covered	None	
If you have a hospital	Facility fee (e.g., hospital room)	\$200 <u>copay</u> /day first 5 days per stay; no charge thereafter	Not covered	None	
stay	Physician/surgeon fees	\$25 <u>copay/PCP</u> visit; \$40 <u>copay/specialist</u> visit, <u>deductible</u> doesn't apply	Not covered	None	
If you need mental	Outpatient services	Office & other outpatient services: \$25 copay/visit	Not covered	None	
health, behavioral health, or substance abuse services	Inpatient services	\$200 copay/day first 5 days per stay; no charge thereafter	Not covered	None	
	Office visits	No charge for prenatal care & first postnatal visit	Not covered	Subsequent postnatal visits \$25 copay/visit for PCP; \$40 copay/visit for specialist.	
If you are pregnant	Childbirth/delivery professional services	No charge	Not covered	Cost sharing does not apply for preventive services. Maternity care may include tests and	
	Childbirth/delivery facility services	\$200 copay/day first 5 days per stay; no charge thereafter	Not covered	services described elsewhere in the SBC (i.e. ultrasound). Includes outpatient postnatal care.	
If you need help recovering or have	Home health care	\$40 <u>copay</u> /visit	Not covered	1 visit/day up to 4 hours/visit, up to 60 visits per member/calendar year.	

		What Yo	ou Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
other special health needs	Rehabilitation services	\$40 <u>copay</u> /visit	Not covered	60 visits/calendar year for Physical & Occupational Therapy combined, 60 visits/calendar year for Speech Therapy.	
	Habilitation services	\$40 <u>copay</u> /visit	Not covered	None	
	Skilled nursing care	\$200 <u>copay</u> /stay	Not covered	30 days/calendar year.	
	Durable medical equipment	50% coinsurance	Not covered	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.	
	Hospice services	\$5 <u>copay</u> /visit	Not covered	None	
	Children's eye exam	No charge	Not covered	None	
If your child needs dental or eye care	Children's glasses	\$100 allowance	Not covered	90% <u>coinsurance</u> after allowance up to age 18. Age and frequency schedules may	
	Children's dental check-up	No charge	Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan's FEHB brochure for more information and a list of any other excluded services.)

Cosmetic surgery

- Hearing aids
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan's FEHB brochure.)

- Acupuncture 10 visits/calendar year for disease, injury, and chronic pain.
- Bariatric surgery
- Chiropractic care 20 visits/calendar year.
- Dental care (Adult)
- Infertility treatment
- Routine eye care (Adult)

- Routine foot care Limited to active treatment for a metabolic or peripheral vascular disease.
- Weight loss programs Limited to dietary and nutritional counseling.

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-537-9384 or visit www.opm.gov/healthcare-insurance/healthcare/. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse

equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your plan's FEHB brochure. If you need assistance, you can contact: 1-800-537-9384

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-537-9384.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-537-9384.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-537-9384.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-537-9384.]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan</u> 's overall <u>deductible</u>	\$50
Specialist copayment	\$40
■ Hospital (facility) copayment	\$200
Other copayment	\$25

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests – may include non-routine services (ultrasounds and blood work)
Specialist visit (anesthesia)

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan</u> 's overall <u>deductible</u>	\$50
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$200
■ Other copayment	\$25

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$50
Specialist copayment	\$40
■ Hospital (facility) copayment	\$200
Other copayment	\$25

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost \$1

In this example, Peg would pa	ay:
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Cost Sharing		
<u>Deductibles</u>	\$50	
Copayments	\$600	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is	\$710	

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$50	
Copayments	\$1,200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,270	

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$50
<u>Copayments</u>	\$600
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$650

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