Altius Standard DK: AETNA OPEN ACCESS

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure RI 73-564 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.AetnaFeds.com, and view the Glossary at www.cciio.cms.gov. You can call 1-800-537-9384 to request a copy of either document.

| Important Questions | Answers | Why This Matters: |
|--|---|--|
| What is the overall deductible? | In-Network: Self Only \$100 / Self Plus One or Self & Family \$200 | Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. |
| Are there services covered before you meet your deductible? | Yes. In-network preventive care, office visits & prescription drugs are covered before you meet your deductible. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. |
| Are there other deductibles for specific services? | No. | You don't have to meet <u>deductible</u> s for specific services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | In-Network: Self \$6,000 / Self Plus One or Self & Family \$12,000. | The out-of-pocket limit is the most you could pay in a year for covered services. |
| What is not included in the <u>out-of-pocket limit</u> ? | Premiums, balance-billing charges & health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a <u>network provider</u> ? | Yes. See www.AetnaFeds.com or call 1-800-537-9384 for a list of network providers . | This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the specialist you choose without a referral. |

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| | | What You Will Pay | | | |
|---|--|--|--|--|--|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most, plus you may be balance billed) | Limitations, Exceptions, & Other Important Information | |
| | Primary care visit to treat an injury or illness | \$25 <u>copay</u> /visit, <u>deductible</u> doesn't apply | Not covered | None | |
| If you visit a health care provider's office | Specialist visit | \$45 <u>copay</u> /visit, <u>deductible</u> doesn't apply | Not covered | None | |
| or clinic | Preventive care/screening/ immunization | No charge | Not covered | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. | |
| If you have a test | <u>Diagnostic test</u> (x-ray, blood work) | \$40 <u>copay</u> /visit | Not covered | None | |
| , | Imaging (CT/PET scans, MRIs) | \$250 <u>copay</u> /visit | Not covered | Prior approval is required. | |
| | Preferred generic drugs | Copay/prescription, deductible doesn't apply: \$7 (retail & mail order) | Not covered | Covers 30-day supply (retail), 31-90 day supply (retail at CVS pharmacy & mail order). Includes contraceptive drugs & devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives from preferred pharmacy. | |
| If you need drugs to treat your illness or condition More information about prescription drug | Preferred brand drugs | Copay/prescription, deductible doesn't apply: \$50 (retail), \$100 (CVS retail & mail order) | Not covered | | |
| coverage www.aetnafeds.com/phar macy.php50% coinsurance maximum/prescription, deductible doesn't apply: \$240 (retail), \$720 (CVS retail & mail order)Not cover | Not covered | Review your <u>formulary</u> for prescriptions requiring precertification or step therapy for coverage. Your cost will be higher for choosing Brand over Generics. | | | |
| | Specialty drugs | 30% <u>coinsurance</u> (preferred), 50% <u>coinsurance</u> (non- | Not covered | All fills must be through the Aetna Specialty Pharmacy. | |

| | | What You Will Pay | | | |
|--|--|--|--|---|--|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most, plus you may be balance billed) | Limitations, Exceptions, & Other Important Information | |
| | | preferred), <u>deductible</u> doesn't apply | | | |
| If you have outpatient | Facility fee (e.g., ambulatory surgery center) | \$650 <u>copay</u> /visit | Not covered | None | |
| surgery | Physician/surgeon fees | No charge | Not covered | None | |
| | Emergency room care | \$250 <u>copay</u> /visit | \$250 copay/visit | No coverage for non-emergency use. | |
| If you need immediate medical attention | Emergency medical transportation | \$100 <u>copay</u> /trip | \$100 copay/trip | None | |
| | <u>Urgent care</u> | \$40 <u>copay</u> /visit | Not covered | None | |
| If you have a hospital | Facility fee (e.g., hospital room) | 15% <u>coinsurance</u> | Not covered | None | |
| stay | Physician/surgeon fees | 15% coinsurance | Not covered | None | |
| If you need mental health, behavioral health, or substance | Outpatient services | Office & other outpatient services: \$25 copay/visit | Not covered | None | |
| abuse services | Inpatient services | 15% coinsurance | Not covered | None | |
| | Office visits | No charge for prenatal care & first postnatal visit | Not covered | Cost sharing does not apply for preventive | |
| If you are pregnant | Childbirth/delivery professional services | 15% coinsurance | Not covered | <u>services</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Includes outpatient postnatal care. | |
| | Childbirth/delivery facility services | 15% <u>coinsurance</u> | Not covered | | |
| If you need help | Home health care | \$45 <u>copay</u> /visit | Not covered | 1 visit/day up to 4 hours/visit, up to 60 visits per member/calendar year. | |
| recovering or have other special health needs | Rehabilitation services | \$45 <u>copay</u> /visit | Not covered | 60 visits/calendar year for Physical & Occupational Therapy combined, 60 visits/calendar year for Speech Therapy. | |
| | Habilitation services | \$45 <u>copay</u> /visit | Not covered | None | |

| | | What You Will Pay | | | |
|--|----------------------------|---|--|--|--|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most, plus you may be balance billed) | Limitations, Exceptions, & Other Important Information | |
| | Skilled nursing care | 15% coinsurance | Not covered | 30 days/calendar year. | |
| | Durable medical equipment | 50% <u>coinsurance</u> | Not covered | Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse. | |
| | Hospice services | \$15 <u>copay</u> /visit | Not covered | None | |
| | Children's eye exam | No charge | Not covered | None | |
| If your child needs dental or eye care | Children's glasses | \$100 allowance per 24 months. | Not covered | 90% coinsurance after allowance up to age 18. Age and frequency schedules may apply. | |
| | Children's dental check-up | Not covered | Not covered | Not covered. | |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan's FEHB brochure for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Ădult & Child)

- Hearing aids
- Long-term care

- Non-emergency care when traveling outside the U.S
- Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan's FEHB brochure.)

- Acupuncture 10 visits/calendar year for disease, injury, and chronic pain.
- Bariatric surgery
- Chiropractic care –20 visits/calendar year.
- Infertility treatment
- Routine eve care (Adult)

- Routine foot care Limited to active treatment for a metabolic or peripheral vascular disease.
- Weight loss programs Limited to dietary and nutritional counseling.

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-537-9384 or visit www.opm.gov/healthcare-insurance/healthcare/. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your plan's FEHB brochure. If you need assistance, you can contact: 1-800-537-9384.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-537-9384.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-537-9384.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-537-9384.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-537-9384.]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan</u> 's overall <u>deductible</u> | \$100 |
|--|-------|
| ■ Specialist copayment | \$45 |
| ■ Hospital (facility) coinsurance | 15% |
| Other coinsurance | 15% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests – may include non-routine services (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

| In this example, Peg would pay: | | |
|---------------------------------|---------|--|
| Cost Sharing | | |
| <u>Deductible</u> s | \$100 | |
| Copayments | \$300 | |
| Coinsurance | \$1,300 | |
| What isn't covered | | |
| Limits or exclusions | \$60 | |
| The total Peg would pay is | \$1,760 | |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The plan's overall deductible | \$100 |
|---------------------------------|-------|
| ■ Specialist copayment | \$45 |
| Hospital (facility) coinsurance | 15% |
| ■ Other coinsurance | 15% |

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)
Diagnostic tests (*blood work*)

Prescription drugs

\$12,700

Durable medical equipment (glucose meter)

| Total Example Cost | \$5,600 |
|--------------------|---------|

In this example, Joe would pay:

| <u>Cost Sharing</u> | |
|----------------------------|---------|
| <u>Deductible</u> s | \$100 |
| Copayments | \$1,300 |
| Coinsurance | \$0 |
| What isn't covered | |
| Limits or exclusions | \$20 |
| The total Joe would pay is | \$1,420 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible | \$100 |
|-----------------------------------|-------|
| ■ Specialist copayment | \$45 |
| ■ Hospital (facility) coinsurance | 15% |
| ■ Other coinsurance | 15% |

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 |
|--------------------|---------|
| | |

In this example. Mia would pay:

| in this example, who would pay. | | |
|---------------------------------|--|--|
| Cost Sharing | | |
| \$100 | | |
| \$600 | | |
| \$0 | | |
| What isn't covered | | |
| \$0 | | |
| \$700 | | |
| | | |